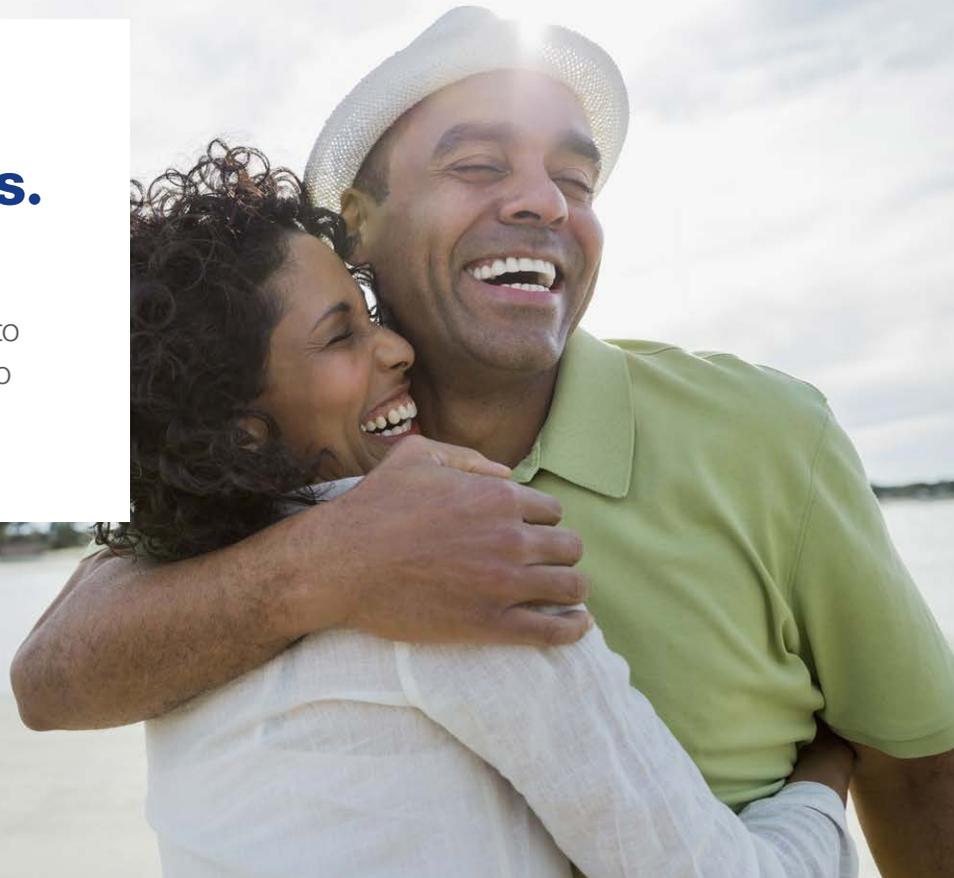


## Using your pharmacy benefits.

OptumRx is your plan's pharmacy services manager and is committed to helping you find cost-effective ways to get your medication(s).



## Set up your online account.

Once registered on [myuhc.com](https://myuhc.com)<sup>®</sup>, access the pharmacy section to:

- Manage your home delivery medications.
- Set up email or text message<sup>1</sup> reminders.
- Check your order status.

## Use the UnitedHealthcare<sup>®</sup> app.

Manage your prescription benefit and home delivery orders with the UnitedHealthcare app on your smartphone or tablet.

## Use a network pharmacy.

Be sure to fill your prescriptions at a network pharmacy, otherwise they may not be covered or you may pay more.<sup>2</sup> Finding a network pharmacy is easy:

- Log in to [myuhc.com](https://myuhc.com). Or, use the UnitedHealthcare app.
- Or call the number on your health plan ID card.

CONTINUED

# Home delivery from OptumRx.

Use OptumRx® home delivery to help manage the medications you take regularly. Home delivery is safe, reliable and offers the following advantages:



## Cost savings.

You may pay less for your medication with a 3-month supply through OptumRx.



## Convenience.

Get free standard shipping.



## 24/7 access and reminders.

Speak to a pharmacist any time, any day. Set up medication reminders.

You may be able to refill your home delivery prescriptions automatically through the Automatic Refill program.

If you need your medication right away, ask your doctor for a 1-month prescription to fill at a local pharmacy and a 3-month prescription you can use to set up home delivery.



## Choose home delivery.

### By going online:

Visit [myuhc.com](https://myuhc.com), register and follow the simple step-by-step instructions.

### By phone:

Call the member phone number on the back of your plan ID card. It's helpful to have your plan ID card and medication bottle available.

### By ePrescribe:

Your doctor can send an electronic prescription to OptumRx. Prescriptions for controlled substances, such as opioids, can only be ordered by ePrescribe.\*

\*This update does not apply to providers in Alaska, Guam, Puerto Rico or the U.S. Virgin Islands.

# Making medication decisions.

## Use the UnitedHealthcare prescription drug list (PDL).

The PDL is a list of your plan's covered medications. The medications are organized into cost tiers. Choosing medications in lower tiers may save you money.

Cost tier	Includes	Helpful tips
<b>\$</b> Tier 1 – Lowest cost	Lower-cost medications. Some brand-name medications.	Tier 1 medications have the lowest out-of-pocket costs. Consider generic alternatives.
<b>\$\$</b> Tier 2 – Mid-range cost	Mix of brand-name and generic medications.	Tier 2 drugs may cost less than Tier 3 drugs. <sup>3</sup>
<b>\$\$\$</b> Tier 3 – Highest cost	Highest cost brand-name medications and some generic medications.	Many Tier 3 medications have lower-cost options in Tiers 1 or 2. Ask your doctor if they could work for you. <sup>3</sup>

Some Connecticut plans have a fourth tier that includes higher cost brand-name and generic medications, as well as non-preferred brand-name and specialty medications.

## Save money.

Generic medications usually have a lower co-pay than brand name medications. Ask your doctor if there is a generic alternative for you.

## Compare prices.

Search for lower-cost alternatives. Just log in to [myuhc.com](https://myuhc.com). Or use the UnitedHealthcare app.



## Tips.



### Know your plan.

Your plan may require one or more of the following for your prescription to be covered:

**Prior authorization** — approval to get a medication.

**Step therapy**

**(First Start for NJ plans only)** — trying one medication before another.

**Quantity limits** — only a certain amount of the medication is allowed for coverage.



Log on to [myuhc.com](https://myuhc.com) see if you could save. Or use the UnitedHealthcare app.



### Talk to your doctor.

When you talk with your doctor, use the UnitedHealthcare app to confirm coverage and costs. You can also talk about what you need to do to get your medication.



### Optum® Specialty Pharmacy

At Optum Specialty Pharmacy, we offer the resources, programs and clinical support you need to manage your specialty medications with confidence.

## Your plan may also include.

Your plan **may include** the cost-saving medication home delivery program below.

With each of these programs, you are allowed a limited number of refills at your current pharmacy. Then you must take action.

#### Mail Service Saver

Switch to OptumRx home delivery or you may pay more.

#### Mail Service Saver Plus

Switch to OptumRx home delivery or you will pay the full price for your medication.

#### Mail Service Member Select

Switch to OptumRx home delivery or tell OptumRx you want to keep filling at retail. If you do not let us know your choice, you will pay full price for your medication.

