

Employee Assistance Program- EAP

The Employee Assistance Program offers confidential assistance and support for employees and their eligible dependents needing help with everyday challenges and serious problems. EAP offers assistance for the following concerns:

- Work related stress or conflicts
- Legal or financial advise
- Parenting and family issues
- Depression, anxiety and stress
- Living with chronic conditions
- Many more...

There is no charge for referrals and the benefit coverage includes up to 5 free visits with a clinician in the United Behavioral Health network. There is also no cost for an initial consultation with financial or legal experts or mediators. Subsequent legal assistance is available at a 25% discount.

Accessing your benefits:

The Employee Assistance Program is administered by United Behavioral Health (UBH). There are two easy and convenient ways to access benefits:

Phone: 1-888-231-4886

or

Online: www.liveandworkwell.com

CITGO Access required: 42920

More information about the CITGO EAP and all of the CITGO Benefits is available on the Benefits Connections site at www.hr.citgo.com or by contacting the Benefits Helpline at 1-888-443-5707 or benefits@citgo.com.